Principal’s Report

Diary Date: Thursday 20 August Book Character Parade 11.50am –see over for details. Thank you Mrs Swick for the wonderful organization.

Band
Congratulations to the Intermediate and Training Band students for their outstanding performances on the weekend. Both Bands received Gold at the NSW School Band Festival. Congratulations to Ms Penny Coucill as the Band Director. The four Bands received three Gold and one Silver award which is an amazing feat. We are very fortunate to have such a high standard of Director and Tutors as well as committed students and supportive parents and caregivers.

A special mention must go to India Horsley and Jamie Clarke for their commitment and dedication last weekend when they stepped in during the last week as drummers because of unfortunate circumstances. Their efforts were greatly appreciated by all involved.

Jump Rope for Heart—Tuesday 25th August - Sports Uniform
Next Tuesday all the students will be involved in Jump Rope for Heart. This is a great opportunity to enjoy healthy exercise as part of the PDHPE syllabus and also fundraise for a worthy cause. The students will be scheduled during the day with skipping activities and tricks. We ask that students wear their sports uniform on Tuesday and bring a gold coin for the Heart Foundation.

The Student Representative Council (SRC) has endorsed this special event. We will not be involved in the sponsorship forms with the Heart Foundation as we will have our own Dancethon fundraiser organized by the P&C at the end of the term. Details coming soon.

Operation Art
Congratulations to all the following students whose artwork was selected for the Operation Art Exhibition 2015 at the Olympic Park. This is an initiative of the Children’s Hospital at Westmead in association with the NSW Department of Education. Their certificates were handed out in assembly this week.

James Lindfield, Ethan Pederson-Jones, Evie Barrett, Talita Valu Latu, Louis Stelzer, Ewen Sales, Amelia Crouch, Eva Dowse, Eabha Lloyd, Jude Jaggers, Mathew Johnson x2, Aiman Shahriar x2, Abbey McPherson x2, Amelia Taudien x2, George Haywood, Alexander Vissarion, April Olive x2, Aaran Darling, Alfie Gibbin, Felix Brady, Tahlia Williams, Elle Warn, Hannah Mulquiny x2, Daniel Browne x2, Claire Emmerton x2, Niamh Moore x2, Ava Nicholson and Zebadiah Norris.

Australia My Country
Congratulations to the following students who were selected for their participation in the Australia My Country competition held by the Balgowlah RSL Sub Branch of the Returned and Services League of Australia. They will receive their certificates at assembly next week: Millie Baker, Nina Korgul, Emma West, Samuel Atkinson, Scarlet Ferguson, Alicia King.

Year 1 and Stage 2 excursions this week
Congratulations to the Year 1 students who had a very successful day at the Zoo on Tuesday. This week and next, Years 3 and 4 will visit Cockatoo Island. All excursions are organized to connect with the grade units of work.

PSSA Sport
Congratulations to the Junior A & B and Senior B Girls Soccer Teams who played in the Finals on Friday. Thanks you to all the parents and coaches for supporting the students. They all played well and congratulated the winning teams with good sportsmanship. They received a badge and banner as Runner-Up players.

Student News
Congratulations to Jonathan Ryan 5S for his fabulous speech on Wealth—including in the newsletter.
Congratulations Toby McIlwaine 1S for coming 2nd in the U/10 Australian Junior Free Ride Championships

NAPLAN
NAPLAN results for all parents have not yet arrived at the school. The results should be sent home on Friday but may be delayed.

Mrs Julie Organ
**From the Deputys’ Desk.......**

**Book Parade**

We look forward to celebrating Book Week at the Manly West Book Parade tomorrow, starting at 11.50am. We encourage all students to participate and come to school dressed in their book character costume. It is helpful to the audience if students carry a copy of the book as they parade or a sign indicating their book and/or character.

We encourage parents to wear a hat and will ask students to wear a hat while they watch others parade.

**Kitchen Garden**

Recently, Mrs Beth Dowdle, Kitchen Garden teacher, spoke to staff and the P & C about happenings in the Kitchen Garden. As part of the presentations she explained how the Stephanie Alexander Kitchen Garden program works at Manly West. Pop by the Kitchen Garden on a Wednesday to experience the buzz of students, parents and a teacher in a learning community. We would like to acknowledge both Mrs Beth Dowdle and parent coordinator, Mrs Holly Matthews, for their outstanding organisation, commitment and efforts to ensure the success of this program. Through their work and support from a number of committed parents and our General Assistant, Mr Phil Perks, we have a Kitchen Garden and teaching program of which we are proud. Last week we met with Cathy Hockey, coordinator of Bushlink, to explore ways in which the Bushlink team can support the Kitchen Garden program.

**Year 1 Excursion**

Yesterday Year 1 ventured to the zoo for the day to complement their work on shelters. They explored different animal habitats and attended a Backyard to Bush workshop. The highlight for some was patting a possum and a lizard. Thank you to our wonderful parents who supported our teachers and students.

**Mathematical Problem Solving Workshop for Parents**

On Tuesday 8th September, in the second last week of term, Miss Catherine Wyles and Miss Tina Simat are providing a workshop for parents on Problem Solving. It will be held in the library from 6-7pm. We use the same ‘toolkit’ of strategies throughout the school, implemented mainly in Years 1 - 6. If you are interested in attending, please indicate on the tear-off slip below (or just write a brief note) and return to the office.

**Mrs Wendy Mwanga**

Expression of Interest to Attend Problem Solving Workshop for Parents on Tuesday 8th September from 6-7pm.

Parent Name/s:
Grade/s of child/children:
From the Deputys’ Desk.......

The Partners in Learning Parent Survey - 17 August to 31 August

Parents and carers are able to access the Partners in Learning Parent Survey via this direct link: [https://nsw.tellthemfromme.com/j_acegi_security_check?j_username=parent18503&j_password=Man2469](https://nsw.tellthemfromme.com/j_acegi_security_check?j_username=parent18503&j_password=Man2469)

This valuable feedback will help our school make practical improvements. The survey will take 15 minutes or less to complete and is completely confidential. Participating in the survey is entirely voluntary, however, your responses are very much appreciated.

Creative Writing Workshops
On Saturday over forty-five students from Years 2-6 engaged in interactive and challenging writing activities with accomplished children’s author Belinda Murrell. Children explored the elements of writing such as character, setting, planning, plotting, dialogue, beginnings and endings.

Thank you to Anita Tymkiw and the P&C Enrichment Committee for organising this enrichment opportunity for our students.

The Premier’s Spelling Bee was introduced in 2004 as a fun and educational way for primary school students to engage in spelling. The program includes activities to encourage all students to engage with spelling and to promote improved literacy in combination with the English K-6 Syllabus.

Truth Nathanael 3L and Josh Wilkinson 4B will be representing Stage 2 and William Todd 6J and Joseph Davey 5A will be representing Manly West at the local finals at Curl Curl North PS on Friday 11 September.

Indigenous Dance Workshop
This year The Arts Unit introduced a new dance workshop initiative for Indigenous students in Years 3-6 aimed at developing their skills in contemporary Aboriginal Dance. Last Friday four students and Miss Monds attended a workshop designed to give Indigenous students the opportunity to explore their heritage through contemporary dance.

Thank you to Mr Garry Farrar for transporting the students.

NSW State Snowsports Championship
After a very successful Northern NSW Regional Snowsports Championship, Manly West will be sending several teams to the NSW State Snowsports Championship to face the best skiers in NSW. For the first time this year our school team will be up against the local schools such as Snowy Mountain Grammar and Jindabyne Central so we expect competition to be tough.

Based on strong results in the first round Manly West has qualified in several events with teams competing in Alpine, SkierX, Moguls and Cross Country at Perisher next week. The competition starts with a 1.5km Cross Country race on 25th August followed by downhill events 27-29 August.

High performing competitors and teams from this event may be invited to the National Snowsports Championship in early September.

Good luck to all our snowsports competitors!

Parent Reading Workshop
Thank you to the parents who attended the Parent Reading Workshop today. Mrs Horne our Learning Support Teacher explained the importance of teachers and parents working in partnership to enable children to experience joy in reading and to help them begin to view reading as a pleasurable experience.

Thank you to Mrs Horne for organising the workshop and parent resources. All Parent Reading Resources will be placed on the school website homepage. Parents can also help children to become independent readers through praise and encouragement.

For more information on how to support your child go to the School A to Z website. [http://www.schoolatoz.nsw.edu.au/home](http://www.schoolatoz.nsw.edu.au/home)

Mrs Adrienne Bruce

The PBEL for this week is **Respect : Be aware of others when in the playground.**
LIBRARY NEWS

Thank you again for being so generous and kind by donating over $2200 worth of brand new library books last week on Open Day! Lots were covered by the terrific Christine Wies and Georgina McLeod whilst wonderful Alison Dodd and Jacqui Daddo both covered and helped adhere the special labels inside each donated book. Thank you for giving the gift of reading to all students at Manly West!

The following students deserve heaps of praise and smiles because they have completed the 2015 Premier’s Reading Challenge: Tigri Olofsson (3B), Rory Richards (3B), Bianca Fletcher (2M), Zoe Burke (2L), Caroline Kassel (6J), Piper Simons (4G), Samuel Ford (3M), Jocelyn Prevett (3/4R), Camille Hirose (3L), Maya Church (3L), Sasha Beaumont (3L), Lucy Matthews (5T), Caleb Atkinson (4F), Billie Jones (4F) & Holly Brailey (4B)! There are only 2 days to complete and hand in your completed reading logs to the library by this Friday, August 21st, 2015. Don’t miss out, hand in your reading log before it’s too late.

The Book Character Parade will be held TOMORROW, Thursday, August 20th, 2015 after recess at 11:50 a.m.!!! Please put those last-minute touches on your costumes and get all your signs, books, accessories and props ready! We are all looking forward to seeing history, fairy tales, adventures and book characters come to life tomorrow – hope to see you tomorrow!

Happy reading and costume perfecting!

Mrs Ellen Swick
Teacher Librarian

BAND NEWS

NSW Band Festival
Congratulations to Training Band and Intermediate Bands - and Penny and the tutors - for their GOLD awards last Sunday. You played beautifully and were a credit to Manly West (and your parents!).

Thanks also to the band parents and Virginia Esparraga who assisted with the usual performance logistics. Also thank you to India Horsley and Jamie Clark who helped out at the last minute on a very early Sunday morning.

Performance Band at the NSSWE Spring Festival in Chatswood
You should have received a separate email with all the details for this event, including ticket buying information.

Band Committee meeting - now on 9 September
The next meeting will now be on Wednesday, 9th September (not this week). We would really like to encourage new people to come along as there are significant changes afoot for the way the band program is administered. Lots to do behind the scenes as you can imagine and all only possible with volunteer parent help. Musical knowledge not necessary at all so don’t worry if it is only your kids who can play an instrument.

DIARY DATES

Thursday 20th August
11:50am Book Week Parade

Friday 21st August
Summer PSSA Resumes

Monday 24th August
Year 3 Cockatoo Island Excursion
Bear Pit Publics Speaking Finals at Parliament House

Tuesday 25th August
Jump Rope for Heart—wear sports uniform and bring a gold coin

Wednesday 26th August
7:00pm Resilient Kids Workshop—School Hall
Yikes my lunchbox is not in my schoolbag!! Everyone has faced this scenario at least once in their children’s school life! So for everyone’s information, if your child finds themselves without a lunch or morning tea then please tell them to come to the canteen to let us know, asap! In line with school protocol we will offer them an apple or carrot sticks only for morning tea and a cheese or vegemite sandwich plus a piece of fruit for lunch. A note will then be sent home requesting payment for the lunch/morning tea and this money needs to be paid along with the returned note to the canteen as soon as possible.

Please make your kids aware of this protocol to minimise any associated disappointment when we fail to offer them everything their heart desires! Younger kids in particular sometimes think we are the weak link in the food chain – a bit like nana and the endless supply of sweets! - if they don’t like what’s in their lunch box then they’ll be able to get what they really want from the canteen instead!

Ordering on flexischools? Whether it’s you or your kids in charge of the ordering please be aware of the need to press all the associated buttons to confirm the order. If it doesn’t show up on our computer then the order has not been confirmed!!

Volunteering in the canteen can be for as little as 20 minutes if that’s all you have available to you. Certain times are more frantic in terms of need than others. Dropped off your kids? Then how about coming in for an hour and bagging up some rice crackers or sorting out some lunch orders. Passing by at morning tea-time 11.20 ’til 11.40? Pop in and serve all those hungry growing kids or help with the lunch time hurly burly between 1 and 2 pm. Or carve out a couple of hours once a month and go on the regular roster and Dads please don’t go M.I.A.....this message is intended for you too!!

Contact us by email mwcanteen@gmail.com call 9948 2257 or just drop in. Thanks, Isobel

Canteen Roster for week 7, Group 4
Monday 24th August
Rachel Kassel AM
**VACANCY AM**
Oriana Russell PM
**VACANCY PM**

Tuesday 25th August
Kelly Ducat AM
Chris Cammack AM
Kristy Barbara PM
Tanith Carroll PM

Wednesday 26th August
Clare Smart AM
Helen Yardley AM
Rhani Chivers PM
Libby Beaumont PM

Thursday 27th August
Kate Scott AM
Fred Kelly AM
Helen Braines PM
Tiane Olive PM

Friday 28th August
Clare Key AM
Olivia Jenkins AM
Claudia Bels AM
**VACANCY PM**
Diana Holy PM

Year 3 Aboriginal Heritage Education Officer Visit
Last Thursday Year 3 were lucky enough to enjoy a special presentation about Aboriginal Heritage given by the Northern Sydney Aboriginal Education Heritage Officer. When the officer and his assistant began talking, everyone felt deeply absorbed in interest and curiosity as they explained the arrival of the British in 1788, Aboriginal hunting practises, their connection to the land and their traditional way of life. We were also taught about the importance of keeping Aboriginal traditions long-lasting by respecting Aboriginal heritage sites, looking out for unnatural markings like rock engravings, hand and finger stencils and grooves in rocks made by sharpening rock axes. We are proud to have been able to learn more about our amazing country’s unique features and the shared history of Australia’s Indigenous people.

Year 4 will also receive a visit from the Aboriginal Heritage Education Officer later in Week 7.

By Amelia Couch and Claire Emmerton 3JL

Congratulations
To the following students for receiving an Expectation Certificate:

Lucy Matthews
Finn Harvey
Finnlay Meaney,
Daniel Browne,
Steven Vinogradov
Rose Mills
Dash Keane
Tigri Olofsson
Piper Simons
Will Matheson
Will Farrar
Luana Da Rocha
Isabella Carter
Joshua Saadeh
Rhys Weaving
Luca Larner
Hugo Isherwood
Sienna Dooley
Anaya Rogan
Adam Bourke
Jonny McDonald
Hannah Hokins
Bianca Fletcher
Isabella Vogel
Olivia Trethewey
Niamh Hibbitt-Boyd
Toby McIlwaine
**WEALTH**

Wealth .... What is it exactly? .... And what’s more .... How do we measure it? Is wealth having the most money, having more money than your friends, eating seafood and truffles every night of the week? The only holidays you go on require a passport? DO we need a ruler, a scale? Is there a point system how do we know how much we have and when we have enough?

I put it to you that none of this is correct. Since when did we become so obsessed with gathering more items and money than your neighbour? Who decided that having two prestige cars is the norm? Oh, I’m sure the good people of Fiji will manage fine without us going every holiday.

Wealth in theory is defined by riches or abundances and we have taken this to mean on a cash bases, how big is your house, are you in a private school, but we’ve lost sight of try wealth. Which I believe is something quite different. I don’t have a GoPro, nor am I skiing in Japan this winter, but I’m wealthy. I am loved and care for and in turn have people to love and care about. I have a safe home and plenty of food to eat. I have beautiful parks to play in and oceans to swim in and a cosy bed to sleep in at night. I’m not forced to work (other than usual chores). I am allowed a solid education and my sister is afforded the same rights as me.

I measure wealth in feelings of contentment, feelings of safety, feeling of love and feelings of self-worth. Sure there are things I want like a new skateboard or an iPad but as things I really need I’m one the richest people I know.

Real and true wealth should never be measured by money or possessions. You cannot eat a gold bar, Mercedes Benz doesn’t tuck you into bed at night and the Hilton Hotel cheers you on at the Athletics carnival or cheer you up after a disappointment.

Material wealth may be counted by possessions and money but it’s the uncountable quality of true wealth that makes it a bit harder to calculate. If you really want to know who has true wealth maybe look for some indicators, such as the person who isn’t jealous when someone else achieves, the person who readily gives to the community and those less fortunate than others. Being wealthy doesn’t make you happy but being happy can make you wealthy.

by Jonathan Ryan

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**SPROUT SHOUT!**

Year 3 has been busy in the Kitchen Garden this term. Last week we harvested fennel and beetroot. We prepared an Asian Fennel Coleslaw which the children enjoyed tasting. Mrs Mwanga liked it so much she took this photo! The recipe is included below.

Holly prepared a beetroot dip which we also tasted. We used the beetroot water as paint and to dye fabric for bookmarks. Come and see our display in the office. If you are in Year 3 and would like to bring in some compost from home you can add this to our compost bins each Wednesday morning. Vegetable and fruit scraps only please. We also need empty toilet rolls to reuse as seedling pots. If you have any please bring them to the kitchen garden too.

Remember the Kitchen Garden is a space for everyone to enjoy. Please come and see what we are growing.

**Asian Fennel Coleslaw Recipe**

Fennel bulb thinly sliced, chopped mint and parsley (approx half cup of each), half cup of Japanese mayonnaise, quarter cup lemon juice. Mix all of the ingredients together. Serve and enjoy!

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**Uniform Shop**

**Thursday 27th August**

8:45-10:00am

**Monday 31st August**

2:45-4:00pm

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**Chook Roster**

**Saturday 22nd August**

Evans Family

**Sunday 23rd August**

Goddard Family

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**Did you know that Pigs can get Sunburnt or Cows can have best friends?**

The book is full of unusual animal facts so the reader and child can learn and laugh together, encourages interaction and includes themes children love like parties, the beach, superheroes and babies. Its all for a good cause, with funds going to the Dalwood Spilstead Centre in Seaforth.

Books can be purchased from www.pigscangetsunburnt.com for just $10.

Thanks in advance

King regards

Anne-Marie

PH: 04488 22294
Manly West Before & After School Care

**Session Vacancies**
There are Permanent or Casual Vacancies EVERY morning and FRIDAY afternoon. Contact the BASC on 9948 8113, write in our ‘Parent Message Books’ or email admin@mwbasc.com.au

**Accounts**
Final Instalment is due 28 August. Late Fees are charged weekly for Late Payment. Please contact us if you need to alter the payment schedule.

**Centre News**
A few of the interesting things happening: K-2 will be involved in creating a new back wall with the theme of a Timeline of Children’s Movies 2007 - 2015; Club 3/4 is having ‘Kids in Charge’ with the children programming the activities for the week!; 5/6 Club will be focusing on a big robotics project.

**Registering With Us**
To register your child with us, please visit our centre’s site https://manlywestbasc.hubworks.com.au and click on ‘ENROL’. Enter your child’s details and then click ‘SUBMIT’. We will contact you to request the sessions you need and we will inform you of availability.

**Manly West Carnival Market Stalls Available NOW**
Carnival is 24th October, 11am-5pm

**Do you have a fantastic product that you regularly sell at local markets?**
**Or do you want to promote your local business?**
Come and be a stall holder at Manly West Carnival. Visitor numbers at the last carnival were in the thousands, and people are in the mood to spend, so it’s a great place to sell. The market will be located on the School Oval and stalls will be limited to just 10. For a one off fee of $300, we supply the gazebo, table and chair (and power, if required) and you just bring your products to sell. There will also be an ATM at the carnival for the convenience of your customers. Please note - products sold should be new and must not be food or drinks or craft activity (eg: plaster painting). Please contact Kate Grant to reserve a spot today grantkate@hotmail.com or call 0405 459957.

**Wanted – Market Stall Co-ordinator**
for Manly West Carnival, 24th October, 11am-5pm
Do you have market experience and a fantastic product that you often sell at local markets?
Are you organised and ready for a small challenge?
We are offering a FREE stall pitch (worth $300) to a volunteer stall co-ordinator for the school carnival. Visitor numbers at the last carnival were in the thousands, and people are in the mood to spend, so it’s a great place to sell. As co-ordinator you will organise up to ten stalls (we have already had requests) that will be selling their wares on our Carnival Day. The role includes liaising with the Carnival committee, choosing and managing the other stall holders, being around for set up and take down. It’s honestly not too arduous a role! If you think this sounds like a great opportunity, which it is (!), contact Kate Grant on 0405 459957 or grantkate@hotmail.com ASAP.

**DID YOU KNOW...............?**
Please check through the list below. These are **YOUR** responsibilities as a BASC user. If you have any questions please don’t hesitate to ask.
- **A Parent/ Authorised Person MUST** sign a child **IN** to Before School Care and **OUT** of After School Care on the sheet provided. **This is a LEGAL hand over of duty of care.** Please make sure an Educator is aware that your child has arrived/is leaving the Centre.
- **Staff MUST** be notified if a child will be absent from a booked session. This can be communicated by phone on 9948 8113 (answering machine is on at all times), written in the Parent Communication Books (located next to sign in/out sheets) or with at least 24 hrs notice, emailed to admin@mwbasc.com.au. Non-Notification of Absence Fees of $11 apply.
- If your child requires medication of any kind, parents must complete a ‘MWBASC Medication Form’. (See ‘Administering Medication’ in our Policy document.
- If your child has **EVER** experienced Asthma, please complete an Asthma Plan form from the BASC office. We are then able to act if your child has a repeat episode.
- Before School Care opens at **7:00am**. After school care closes at **6:30pm**. Late pick-up fees will be charged as per our Policy.
- Contact details (Parents, emergency contacts etc.) **MUST** be updated as soon as there is a change by logging into HUBWORKS. There is no cross correlation of information with the school. (The Policy document is available in Parent Info area of the main building.)
SEAFORTH LITTLE ATHLETICS CLUB

Have Fun & Stay Fit during summer. Events include: running, high/long/triple jump, shot put, discus, javelin and hurdles.

Competition Saturday mornings at Sydney Academy of Sport, Narrabeen.

SEAFORTH LITTLE ATHLETICS

Competition starts Sat 12th September
REGISTER ONLINE
Click Seaforth
then view Seaforth Oval meetings of
Weds 2nd or Weds 9th September
for your Athlete Number & Uniform
FIRST TRAINING NIGHT
Weds 9th September

Training at Seaforth Oval
on Wednesday afternoons 5.30pm to 7pm
REGISTRATION IS ONLINE
seaforthlac.org

BUSHCRAFT BUSKERS

SEEKING MUSICIANS / SINGERS TO ENTERTAIN AT MONA VALE MARKET DAY

SUNDAY 1 NOVEMBER, 10AM TO 4PM

- Can you play for a one or two hour timeslot?
- Can you provide your own equipment (no power)
- Do you want to earn some cash?

INTERESTED? REGISTER NOW!

ONLINE Complete an application at www.pittwater.nsw.gov.au/markets
PHONE Call Nikki Griffith - 9970 1165
WWW.PITTWATER.NSW.GOV.AU

MANLY NIPPERS

2015/16

REGISTER TO BECOME A MANLY NIPPER NOW

Join Manly Life Saving Club Nippers this summer and enjoy a fun activity-based program that will educate you about surf safety and awareness.

Nippers is a great way for kids to build confidence and learn valuable life skills and knowledge in a safe beach environment. On the way, kids make new friends and have the opportunity to participate in competition events. Nippers who successfully complete the program are awarded a Surf Rescue Certificate and will further training can become qualified surf lifesavers.

Buoy & Bailer
All new and re-registering Nipper members will need to attend one of the following dates:
- 28th August 1:30pm
- 4th September 1:30pm
- 11th September 1:30pm
- 18th September 1:30pm
- 25th September 1:30pm

North Curl Curl SLSC

Nippers Registration Day
Sunday 13th September 2015
9am – 3pm

Email office@nclslsc.com.au

MWPS Dance-a-thon
Tuesday, 15 September 2015
School Hall | School Hours

Sponsorship Forms
Coming soon!
All your Dance-a-thon questions answered...

Kool kids parties
that Rock!

Want a kool kid’s party without the stress?

Let DJ KitKat and her team of ultra KoolKats take care of the entertainment for you!
With an awesome music selection and unreleenting energy & enthusiasm, DJ KitKat & the KoolKats confidently take control of the entertainment and transform your party into one huge success you’ll never forget!

DJ KitKat
0407 106 099
info@djkitkat.com.au
www.djkitkat.com.au